



PIERCING AFTERCARE GUIDE

Congratulations on your new piercing. To ensure your piercing heals properly, please follow these instructions.

1. Cleanliness and Hygiene:

- Wash your hands thoroughly with soap and water before touching your piercing.
- Avoid touching the piercing unnecessarily, especially with unwashed hands.

2. Cleaning Your Piercing:

- Clean the piercing twice a day with a saline solution or a mild, fragrance-free soap.
- Gently soak the piercing using a cotton ball or clean gauze soaked in the saline solution or soapy water.
- Gently rotate the jewellery during cleaning to prevent it from sticking to the skin.

3. Rinse Aftercare: After cleaning with saline solution or soap, rinse the piercing with clean water to remove any residue.

4. Avoid Irritants: Avoid using alcohol, hydrogen peroxide, or any harsh chemicals on your piercing, as they can irritate the skin and delay healing.

5. Clothing and Fabrics:

- Wear loose-fitting clothing that won't rub against the piercing.
- Avoid tight fabrics that may cause irritation.

6. Avoid Submerging in Water: Avoid swimming, hot tubs, and baths during the initial healing period to prevent infection.

7. Sleep Position: If possible, try to sleep on the opposite side of the piercing to avoid putting pressure on it.

8. Be Mindful of Activities:

- Avoid contact sports or activities that may cause trauma to the piercing.
- Be cautious when using headphones or wearing hats that may come into contact with the piercing.

9. Say No to Changing Jewellery Prematurely:

- Do not remove or change the jewellery until the piercing has fully healed.
- If you wish to change jewellery, consult with a professional piercer to ensure proper timing.

10. Signs of Infection:

- Keep an eye out for signs of infection, such as excessive redness, swelling, severe pain, pus, or fever.
- If you suspect an infection, seek medical attention promptly.

11. Healing Time: Healing times vary depending on the type of piercing. Please ask our piercer for approximate healing time.

12. Avoid Oral Contact: For oral piercings (e.g., tongue, lip), avoid oral contact (kissing, oral sex) during the healing period to prevent infection.

Remember, proper aftercare is crucial for successful healing. If you have any questions or concerns about your piercing's healing process, don't hesitate to contact Epic Tattoos or consult a professional piercer.

KEEP YOUR PIERCING CLEAN AT ALL TIMES AND FOLLOW THE AFTERCARE PROCESS