

## **AFTERCARE GUIDE**

Aftercare is a crucial part of your tattooing process. Please ensure you keep your tattoo clean at all times.

- 1. Keep the dressing on for a minimum of 2 hours not exceeding 4 hours
- 2. Remove the dressing & wash your hands with antibacterial soap & water
- 3. Wash the tattoo with warm soapy water, removing any residual ink & bodily fluids, etc. Carefully pat dry with a towel
- 4. With clean hands massage a small amount of tattoo cream into the tattoo area. A very thin layer covering the tattoo is enough
- 5. Aftercare cream should be massaged into the tattoo at least 3 times per day. If your tattoo is still drying out, simply increase the number of times you wash and cream it (the key is little but often). Too much cream will do more harm than good.
- 6. Don't pick or scratch tattoos. Tattoos get itch, it's perfectly normal
- 7. Don't use sun beds or sunbath until your tattoo is fully healed. UV lights & direct sunlight will damage the pigments in the skin
- 8. Don't soak the tattoo in swimming pools or saunas, the chemical & steam will damage the pigments in your skin. Showering is recommended, but if you only have a bath, get in, get washed and get out. Don't soak.
- 9. We recommend for the first three nights that you wrap your tattoo overnight as late as possible. Ideally the last thing you do before you go to sleep.
  Wash your tattoo with warm soapy water, pat dry, apply a thin layer of cream, then wrap tightly with cling film.
  As soon as you wake up, remove the cling film, throw away then repeat the process, BUT leave it uncovered where possible and maintain a constant application of tattoo cream at all times.

Should you have any other questions, please feel free to contact us via email, any of our socials or the chat on the website.

## KEEP YOUR TATTOO CLEAN AT ALL TIMES AND FOLLOW THE AFTERCARE PROCESS